## **TAY Garden - Hope Blooms**

## Raindrop Instructions:

- 1. Print this page on blue paper
- 2. Cut out any size raindrop you would like
- 3. Write a message on the raindrop answering the statement "What gives me Hope" as it relates to Mental Health Wellbeing.
- 4. Return the raindrop to your designated coordinator.

a. Coordinators – please return the raindrops to the TAY Center via interoffice mail to Natalie Fagan – SB TAY Center no later than May 17<sup>th</sup>, 2023

